



ಕರ್ನಾಟಕ ಸರ್ಕಾರ

ಪದವಿ ಪೂರ್ವ ಶಿಕ್ಷಣ ಇಲಾಖೆ, 18ನೇ ಅಡ್ಡರಸ್ತೆ, ಮಲ್ಲೇಶ್ವರಂ, ಬೆಂಗಳೂರು.

ರಾಷ್ಟ್ರೀಯ ಸೇವಾ ಯೋಜನೆ

ಸಂಖ್ಯೆ: ಪಪೂಶಿಇ/ರಾಸೇಯೋ/ಫಿಇಮೂಅ/01/180/2019-20

ದಿನಾಂಕ: 26-08-2019

ಇವರಿಗೆ,

ಜಿಲ್ಲಾ ಉಪನಿರ್ದೇಶಕರು/ಪ್ರಾಂಶುಪಾಲರು

ಪದವಿ ಪೂರ್ವ ಶಿಕ್ಷಣ ಇಲಾಖೆ

ರಾಷ್ಟ್ರೀಯ ಸೇವಾ ಯೋಜನೆ ಘಟಕ ಹೊಂದಿರುವ

ಸರ್ಕಾರಿ/ಖಾಸಗಿ ಪದವಿ ಪೂರ್ವ ಕಾಲೇಜುಗಳು

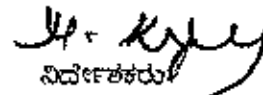
ಮಾನ್ಯರೇ,

ವಿಷಯ : ಫಿಟ್ ಇಂಡಿಯಾ ಮೂಮೆಂಟ್‌ನ್ನು ಅನುಷ್ಠಾನ ಮಾಡುವ ಬಗ್ಗೆ.

ಉಲ್ಲೇಖ: ಸಂಖ್ಯೆ:ಯುಸೇಇ/ರಾಸೇಯೋ/13/2019-20/306 ದಿನಾಂಕ: 23.08.2019

ಮೇಲ್ಕಂಡ ವಿಷಯ ಮತ್ತು ಉಲ್ಲೇಖಕ್ಕೆ ಸಂಬಂಧಿಸಿದಂತೆ ಭಾರತ ಸರ್ಕಾರವು ಮುಂದಿನ ತಿಂಗಳಿಂದ ಫಿಟ್ ಇಂಡಿಯಾ ಮೂಮೆಂಟ್‌ನ್ನು ಅನುಷ್ಠಾನ ಮಾಡುತ್ತಿದೆ. ಇದರಲ್ಲಿ ರಾಷ್ಟ್ರೀಯ ಸೇವಾ ಯೋಜನೆಯು ಪರಿಣಾಮಕಾರಿಯಾಗಿ ಭಾಗವಹಿಸುವುದು ಅಗತ್ಯವಾಗಿದೆ.

ಮಾನ್ಯ ಪ್ರಧಾನಮಂತ್ರಿ, ಶ್ರೀ ನರೇಂದ್ರ ಮೋದಿಯವರು ದಿ:29/08/2019 ರಂದು ಕಾರ್ಯಕ್ರಮವನ್ನು ಅನುಷ್ಠಾನಗೊಳಿಸುವ ಸಲುವಾಗಿ ಮಾತನಾಡಲಿದ್ದಾರೆ. ಹಾಗೂ ಈ ಬಗ್ಗೆ ಪ್ರತಿಜ್ಞೆಯನ್ನು ಭೋದಿಸಲಿದ್ದಾರೆ. ಸದರಿ ಕಾರ್ಯಕ್ರಮವು ದೂರದರ್ಶನದಲ್ಲಿ ಪ್ರಸಾರವಾಗಲಿದೆ. ರಾಷ್ಟ್ರೀಯ ಸೇವಾ ಯೋಜನೆಯ ಕಾಲೇಜು ಘಟಕಗಳ ಎಲ್ಲಾ ಸ್ಥಯೂ ಸೇವಕ/ಸೇವಕಿಯರು ಹಾಗೂ ಇತರ ವಿದ್ಯಾರ್ಥಿಗಳು ಮಾನ್ಯ ಪ್ರಧಾನ ಮಂತ್ರಿಯವರ ಕಾರ್ಯಕ್ರಮವನ್ನು ನೋಡಲು ಹಾಗೂ ಪ್ರತಿಜ್ಞೆ ಕೈಗೊಳ್ಳಲು ಕಾಲೇಜುಗಳಲ್ಲಿ ಸೂಕ್ತ ಕ್ರಮ ಕೈಗೊಳ್ಳುವಂತೆ ನಿರ್ದೇಶನ ನೀಡಲಾಗಿದೆ ಹಾಗೂ ಮುಂದಿನ ದಿನಗಳಲ್ಲಿ ಈ ಕಾರ್ಯಕ್ರಮಗಳ ಬಗ್ಗೆ ಸಮಗ್ರ ಮಾಹಿತ ನೀಡಿ ಕಾರ್ಯಕ್ರಮವು ಪರಿಣಾಮಕಾರಿಯಾಗಿ ಅನುಷ್ಠಾನಗೊಳ್ಳುವಂತೆ ಸೂಕ್ತ ಕ್ರಮ ಕೈಗೊಳ್ಳಲು ಈ ಮೂಲಕ ತಿಳಿಸಲಾಗಿದೆ. ವಿವರಗಳನ್ನು ಈ ಪತ್ರದೊಂದಿಗೆ ಲಗತ್ತಿಸಲಾಗಿದೆ.


ನಿರ್ದೇಶಕರು

ಪದವಿ ಪೂರ್ವ ಶಿಕ್ಷಣ ಇಲಾಖೆ

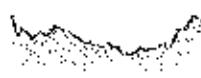
ಬೆಂಗಳೂರು

ಪ್ರತಿಗಳು:

- I. ಡಾ: ಗಣನಾಥ ಶೆಟ್ಟಿ, ರಾಜ್ಯ ಎನ್.ಎಸ್.ಎಚ್.ಅಧಿಕಾರಿ ಹಾಗೂ ಪದನಿಮಿತ್ತ ಸರ್ಕಾರದ ಬಂಟಿ ಕಾರ್ಯದರ್ಶಿ, ಎನ್.ಎಸ್.ಎಸ್. ಕೋಶ, ಯುವ ಸಬಲೀಕರಣ ಮತ್ತು ಕ್ರೀಡಾ ಇಲಾಖೆ.

2. ಸಂಬಂಧಪಟ್ಟ ಜಿಲ್ಲಾ ಉಪನಿರ್ದೇಶಕರುಗಳು
3. ಸಂಬಂಧಪಟ್ಟ ಕಾಲೇಜುಗಳ ಪ್ರಾಂಶುಪಾಲರುಗಳು.
4. ಸಹಾಯಕ ನಿರ್ದೇಶಕರು, ಇ-ಆಡಳಿತ ಇವರಿಗೆ ಇಲಾಖೆಯ ಅಂತರ್ಜಾಲದಲ್ಲಿ ಪ್ರಕಟಿಸಲು.
5. ಕಛೇರಿ ಪ್ರತಿ.

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Coming up: Fit India campaign from August 29

Incidentally, Modi had called for a fitness movement in his 'Mann ki Baat' address, in March 2018.

By Anubhull Mishra, ET Bureau | Jul 23, 2019, 09:44 AM IST

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The fifth month will be about walking, walkathons and marathons.

New Delhi: If 'Swachh Bharat' was one of the resounding mantras of the Modi government during its first tenure, 'Fit India' is set to be one in its second stint.

The Centre is preparing to launch an ambitious 'Fit India' campaign on August 29, the National Sports Day, with the scale and reach set to match the 'Swachh Bharat' mission, as desired by the PM, it is learnt. Incidentally, Modi had called for a fitness movement in his 'Mann ki Baat' address, in March 2018. To be coordinated by the sports

ministry, this mission will see ministries of information and broadcasting, human resource development, panchayati raj and rural development, health and youth affairs also involved in the mission, ET has learnt. Sectoral group of secretaries have held several rounds of discussion on the campaign and the Prime Minister's Office which is tracking the mission has called a meeting this week to fine-tune it.

Modalities are being worked out and the government is keen on having measurable outcomes and a tentative monthly and yearly schedule for the campaign.

The Fit India Calendar

As per a sports ministry proposal, 2019 will focus on 'physical fitness and mental wellbeing'. Year two of the mission will be dedicated towards 'healthy food and eating habits'. The third year will emphasise on adoption of sustainable and environment-friendly lifestyle, while year four will look at healthy life style practices, health friendly goods and



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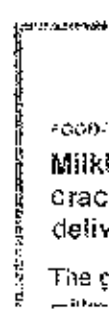
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Here's a tentative month by month schedule:

Month 1

The first month will see the launch of the campaign, with rounds of activities across all educational institutes. Sporting talent will be scouted for across all educational institutes and fitness runs, walkathons, cycle rallies and health checkup camps will be launched all over the country to kick start the initiative.

Month 2

The second month will be about organising sports events at all levels from schools to universities, villages, towns, blocks and district level. Everyone must take up some form of physical exercise, whether at home or in local parks, playfield or 'gallimohalla', will be the message relayed from New Delhi.

Month 3

The third month will exhort Indians to set up groups and clubs on fitness and share activities on social media and web platforms. Weekly outings involving physical activities will be emphasised involving families and friends.

Month 4

The fourth month will be about developing secure and safe playfields in the neighbourhood, educational institutions, village and panchayat levels. Volunteers will be invited to help improve the playfields.

Month 5

The fifth month will be about walking, walkathons and marathons.

Month 6

The sixth month will move to cycling. The plan is to have every cycle owner participate in a cycle rally from one village to another village/town and make a chain culminating at the state headquarters.

Month 7

This month will be for competitive events of all kinds from traditional and local sports to culture, dance drama activities.

Month 8

This will be of volunteers sharing and demonstrating voluntary initiatives at block/district/state and national level.

Month 9

Will culminate with recognition and celebration of the national activities.

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A Fit Office

A separate secretariat is proposed to be set up for the Fit India campaign.

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A mission office will be set up in the sports department, where a joint secretary will coordinate activities assisted by a team of around 10 young professionals. Each state headquarters will have a state mission leader with 1-2 young professionals assisting, while the Nehru Yuva Kendras will assist the district mission leader or district collector.

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Aadhaar may be used to verify SECC beneficiaries

The rural development ministry will soon launch the exercise to use Aadhaar to assess the socio economic status of all the beneficiaries.

By Yugima Sharma, ET Bureau | Aug 22, 2015, 11:34 PM IST

